



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2021-2022

School Name & Location Number:	Miami Carol City Senior High School
Principal:	Kenneth L. Williams
Phone Number:	305 621-5681
School Wellness/Healthy School Team Leader:	Kebony King
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Students: Kayalani Rodriguez, Njeri Anderson, Roderick Burke & Cadence Eberhart Staff: Kebony King (Administration), Cathy LeCounte (Food Service Manager), Regine Francouer (School Nurse), Tamika Denson (Mental Health Counselor)
Committee Meeting Dates:	1/22 Faculty Mtg, 3/22 Faculty Mtg & 5/22 EESAC Mtg.
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition Promote the free breakfast & lunch, along with good eating habits Provide healthy meals & snacks daily to students, faculty & staff</p> <p>Physical Education Fitnessgram Testing Body Mass Index Testing</p>

	<p>Physical Activity Promoted through Physical Education & JROTC courses, which require students to participate in physical activity on a daily basis</p> <p>Health and Nutrition Literacy Increase of classroom HIP Presentations promoting healthy lifestyles Quarterly presentations to faculty & staff by the school nurse</p> <p>Preventive Healthcare Wellness Healthfare taking place here on campus On January 22, 2022</p>
<p>Community Engagement:</p>	<p>The Healthfare is free to the community. Biometric screening, mammograms, dental exams, teeth cleaning & Covid screening/ vaccinations will all take place during this event. Increased partnerships with local business & churches</p>
<p>Monitoring and Evaluation:</p>	<p>School Healthfare attendance Continued social media advertisement</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>Afterschool activities: football, basketball, track, competitive, cheerleading, volleyball & marching band Family health & literacy workshops</p>